

Welcome!

The Support54 Training Program gives anyone supporting a player the tools to best facilitate growth and development through your actions and communication.

You might be a parent, coach, relative, caddie, friend...

This 5-session remote training program gives you the tools to improve in your role as a support person to a player. You'll learn the tools to best facilitate growth and development through your actions and communication. The training includes five sessions that you move through at your own speed. You will also have access to a **Support54 Q&A** group to share or ask any questions about the training content.

This innovative, multi-platform, online training program is being brought to you – anywhere in the world – through the *CoachNow* app / website. The VISION54 principles are delivered using digital instruction, audio and video instruction, and actionable practice assignments since we know it's by doing and exploring that these skills come alive. You train at your own pace through each session's assignments with no schedule or live sessions. VISION54 coaches will offer support throughout the training program and you're encouraged to interact with the other participants in the group.

To learn more, visit
VISION54.com

Questions?
InTouch@VISION54.com



► **Tips:**

Set reminders in *CoachNow* to be alerted to new posts.

How it works:

1. Create an account on the *CoachNow* platform (as an “athlete” for ongoing free access), either through the website (CoachNow.io) or the app (iOS or Android) using the same email you used to purchase the training program. Once signed in, you can access the information on any of your digital devices and computer.
2. You'll receive an email notification that you've been added to two groups: **Support54 Training** and **Support54 Q&A**. You can start right away.
3. Read the **Support54 Training Welcome** doc in the General channel, then start with the first session when you're ready to begin.
4. Answer the summary questions for the session, then post questions or comments on *CoachNow* in the separate **Support54 Q&A** group. VISION54 coaches will comment / answer your questions regularly.
5. Each channel includes the training PDF, audios and videos for that session's topics. You can plan on approximately 45 minutes a session, in one or several learning sessions, to go through the training with an additional 1 hour per session of actionable exercises to do immediately or at a later time. You can post questions / comments anytime.
6. After the training period, you'll continue to have access to the training materials on *CoachNow* for six months. Make sure to download all the PDFs.