

Welcome!

The SuperCoach54 Training Program leads to the discovery of the Why, What, and How of Coaching. BE a Coach!

This 18-session remote training program will give you the skills to explore and expand your coaching potential. The training is spread out over a longer timeframe for better absorption and effective integration into your coaching process. This experience will generate fresh ideas and an energized approach leading to great success for you and your players.

This innovative, multi-platform, online training program is being brought to you – anywhere in the world – through the *CoachNow* app / website. The VISION54 principles are delivered using digital instruction, audio and video instruction, and actionable practice assignments since we know it's by doing and exploring that these skills come alive. You train at your own pace through each session's assignments with no schedule or live sessions. Lynn & Pia will offer support throughout the training program and you're encouraged to interact with the other coaches in the group.

To learn more, visit
VISION54.com

Questions?
InTouch@VISION54.com



► **Tips:**

Set reminders in *CoachNow* to be alerted to new posts.

How it works:

1. Create an account on the *CoachNow* platform (as an “athlete” for ongoing free access), either through the website (CoachNow.io) or the app (iOS or Android) using the same email you used to purchase the training program. Once signed in, you can access the information on any of your digital devices and computer.
2. You'll receive an email notification that you've been added to two groups: ***SuperCoach54 Training Program*** and ***SuperCoach54 Q&A***. You can start right away.
3. Read the ***SuperCoach54 Training Welcome*** doc in the General channel, then start with the first session when you're ready to begin.
4. Answer the summary questions for the session, then post questions or comments on *CoachNow* in the separate ***SuperCoach54 Q&A*** group. Lynn & Pia will comment / answer your questions regularly.
5. Each channel includes the training PDF, audios and videos for that session's topics. You can plan on approximately 2-3 hours a session, in one or several learning sessions, to go through the training with an additional 4-6 hours per session of actionable exercises to do immediately or at a later time. You can post questions / comments anytime.
6. After the training period, you'll continue to have access to the training materials on *CoachNow* for six months. Make sure to download all the PDFs.